

# Action Work Plan for School Year 2014-2015

**Issue Area: Breakfast Strategies**

**Goal: To strengthen teacher and student awareness of the health, nutrition, wellness, and academic benefits of a school wide breakfast initiative.**

**Objective: To increase the number of students eating school breakfast in all schools and to promote awareness of the importance of student health and wellness.**

<b>Activities</b>	<b>Person Responsible</b>	<b>Timeline</b>	<b>Person(s) to Monitor Progress</b>
Students will be offered an alternative hot breakfast through grab and go, breakfast in the classroom, or breakfast after first	School Administrator/Cafeteria Manager	August, 2014 through June, 2015	School Administrator and Food Service Director
Bulletin Board in the cafeteria to focus of Nutrition and Wellness	Cafeteria Manager, PE and Classroom Teachers	Monthly, throughout the year	School Administrator
Daily Posting of Breakfast and Lunch Menus using descriptive words such creamy oatmeal and smooth whipped potatoes.	Cafeteria Manager, Food Service Director	August, 2014 through June, 2015	School Administrator
Nutrition Education integrated into other subjects	Classroom Teachers	August, 2014 through June, 2015	School Administrator
Hand washing classroom presentations in primary grades	School Nurse	Once, Annually At Each School	School Nurse
Cardiac Screening	WVU Medical Team	Once, Annually At Each School	School Nurse
Red Ribbon Week Activities	Classroom Teachers	October	Guidance Counselor
Vision and Hearing Screenings of newly enrolled students, PK, K, 1 <sup>st</sup> and other students upon referral	School Nurse and Speech Therapist	Once in the Fall Semester and as needed there after	School Nurse/Speech Therapist
Create a list of alternative nutritional snacks to provide to teachers and parents to guide school party celebrations	Food Service Director and Wellness Committee	During the first quarter of the school year	Food Service Director and Wellness Committee

# Action Work Plan for School Year 2014-2015

**Issue Area: Strengthening our Local Wellness Council**

**Goal: Strengthen and document the continuous development of the Webster County Schools Wellness Council**

**Objective: To develop regular membership and meeting schedule.**

<b>Activities</b>	<b>Person Responsible</b>	<b>Timeline</b>	<b>Person(s) to Monitor Progress</b>
Initiate and schedule regular quarterly county wellness team meetings.	Rondlynn Cool Coordinator of Wellness Committee	January, 2015 – June, 2016	Supt. Scott Cochran
Choose a council member to record and report minutes for each meeting.	Rondlynn Cool and the Council	January, 2015 – June, 2016	Supt. Scott Cochran
Schedule quarterly meetings on the regular principal's meeting date in order to include principal's in the council.	Rondlynn Cool, Coor. Of Wellness Committee.	January, 2015 – June, 2016	Supt. Scott Cochran