

APRIL 2017 HIGH SCHOOL MENU

WEBSTER COUNTY SCHOOLS

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>Salad Bar:</b> available daily (except Wednesday)-Assortment of fresh salad greens, vegetables such as carrots and broccoli, garbanzo beans, choice of dressings, and fresh and canned fruit.						<b>Milk Choices Include:</b> Fat-Free White, Skim, Fat-Free Chocolate <b>Water is available daily</b>			
3		4		5		6		7	
<b>Sausage Gravy and WG Biscuit, Fruit, Cereal, Juice, Milk</b>		<b>WG Pancakes, Fruit Cereal, Juice, Milk</b>		<b>NutriGrain Bar, Fruit Cereal, Juice, Milk</b>		<b>WG Banana Bread, Fruit, Cereal, Fruit, Juice, Milk</b>		<b>Scrambled Eggs &amp; Toast, Fruit Cereal, Juice, Milk</b>	
<b>Chicken Patty on WW Bun</b> Lettuce/Tomato Sweet Potato Puffs Cookie Salad Bar Milk		<b>Taco Salad w/WG Tortilla Chips</b> Lettuce, Tomato, Cheese Seasoned Corn Salsa/Sour Cream/Taco Sauce Salad Bar Milk		<b>Baked Chicken</b> Whipped Potatoes & Gravy Green Beans Tossed Salad WW Roll Fruit Milk		<b>Cheeseburger on WW Bun</b> Lettuce/Tomato/Onion Ketchup/Mustard/Mayo/Miracle Whip Oven Fries Salad Bar Milk		<b>Chef Salad &amp; WG Crackers OR School Made Pizza</b> California Blend Veg Baked Beans Salad Bar Milk	
10		11		12		13		14	
<b>Breakfast Pizza, Fruit Cereal, Juice, Milk</b>		<b>Pancake-on-a-Stick, Fruit Cereal, Juice, Milk</b>		<b>Yogurt, Frozen Blueberries/Strawberries Cereal, Juice, Milk</b>		<b>Blueberry Muffin, Fruit Cereal, Juice, Milk</b>		<b>Cook's Choice</b>	
<b>WG Spaghetti w/Meat Sauce</b> Seasoned Corn WW Bread Stick Brownie Salad Bar Milk		<b>Chicken Tenders</b> Oven Fries Sweet Peas WG Biscuit Salad Bar Milk		<b>Meatloaf</b> Whipped Potatoes w/Gravy Green Beans Tossed Salad WW Roll Fruit Milk		<b>Creamed Chicken on WW Biscuit</b> Whipped Potatoes Savory Carrots Salad Bar Milk		<b>Chef Salad &amp; WG Crackers OR Cook's Choice</b>  <b>(Depending on the # of Snow Days, this may be an OS Day-No School)</b>	
17		18		19		20		21	
<b>SPRING BREAK- NO SCHOOL!!</b>									
24		25		26		27		28	
<b>Breakfast Pizza, Fruit Cereal, Juice, Milk</b>		<b>WG Pancakes, Fruit Cereal, Juice, Milk</b>		<b>Yogurt, Frozen Blueberries/Strawberries Cereal, Juice, Milk</b>		<b>Hot WG Cinnamon Roll Fruit, Cereal, Juice, Milk</b>		<b>Sausage &amp; Egg on WG Biscuit, Fruit Cereal, Juice, Milk</b>	
<b>Chicken Fajitas, WW Tortilla</b> Lettuce, Tomato, Cheese Refried Beans, Raspberry Churro Salsa/Sour Cream/Taco Sauce Salad Bar Milk		<b>Taco Salad w/WG Tortilla Chips</b> Lettuce, Tomato, Cheese Seasoned Corn Salsa/Sour Cream/Taco Sauce Salad Bar Milk		<b>Chicken Tenders</b> Whipped Potatoes & Gravy Green Beans WW Roll Fruit Milk		<b>Sloppy Jo on WW Bun</b> Creamy Cole Slaw Oven Fries Fresh Carrots Salad Bar Milk		<b>Chef Salad &amp; WG Crackers OR Pepperoni Roll</b> California Blend Veg WG Doritos Cheese Stick April Birthday Cake Salad Bar Milk	
<b>AVAILABLE FRUIT:</b> <b>FRESH:</b> Apple(25), Orange(15), Banana(27), Grapes(20), Melon(20) <b>CANNED:</b> Chilled Peaches(14), Pineapple Tidbits(15), Mixed Fruit(21), Pears(16) <b>FROZEN:</b> Blueberries,(13), Strawberries(27)						<b>Allergy Information:</b> This menu may contain one or more of the following ingredients; milk, eggs, peanuts, soybeans, tree nuts, and wheat.			